

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE MARIE, ON



COURSE OUTLINE

Course Title: Community Visits

Code No.: PSW-100

Semester: 1

Program: Personal Support Worker

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Date: Sept. 1998

Previous Outline Date: Sept. 1998

Approved:

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Dean

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**Total Credits:** 2  
**Length of Course:** 7 Weeks

**Prerequisite(s):** None  
**Total Credit Hours:** 14  
**Total Course Hours:** 48

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*For additional information, please contact Donna Tremblay, Dean of Health Sciences, Human Sciences and Teacher Education, (705) 759-2554, Ext. 690.*

**I. PHILOSOPHY/GOALS:**

This aspect of the course takes place in the community. You will choose 2 consumers whom you will visit several times to complete community assignments. One consumer should be an elderly person and the second should be a disabled person. Discussion classes will be held each week to address these assignments. Some areas these assignments will address are: the impact of illness or disability on life style; the effect community resources have on the health and the care the consumer receives; how life styles are impacted by the aging process, and the stage of growth and development the consumer has experienced; how you supported and comforted your consumer; problems and conflicts your consumers may be demonstrating and how you might be able to resolve the identified issues.

You will communicate in a therapeutic and caring manner with individuals, their families and members of the health care team. You will observe and report pertinent information to members of the health team.

You will carry out measures to prevent injury, illness or death and maintain safety of the individual at all times.

**II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE**

Upon successful completion of this course the student will have the ability to:

1. Interview an elderly person (consumer) and a disabled person (consumer) in their own homes.
2. During tutorial sessions, you will be able to:
  - a. Explain how your consumer's health affected him/her as a person.
  - b. Explain how you assisted your consumer to deal with stress.
  - c. Suggest a community resource that could assist your consumer deal with their stress.
  - d. Explain the health care system resources that are available to your consumers in Sault Ste. Marie and area.
  - e. Identify the members of the health care team working with your consumer.

## II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE

3. During a tutorial:
  - a. Explain how your consumer is an individual and is a member of a family and how they relate to each other.
  - b. Explain how you might promote effective relationships between your consumer and his/her family.
  - c. Evaluate how basic needs of your consumers are being met
  - d. Explain the stage of growth and development that your consumer has achieved.
  - e. Maintain your consumer's rights. Discuss any violations that you have observed or heard about that violate your consumer's rights.
  - f. Explain the effects of the consumer's culture on the consumer and the family.
  - g. Compare the cultures of your consumers.
4. Describe the role of the PSW, as a member of the health care team and the scope of practice for providing support to consumers and their families.
5. Explain the source of your consumer's illness or disability.
6. Explain how your consumer and their family are reacting to the illness or disability.
7. Describe the aging process as a normal phase of growth and development and the special needs that the elderly consumers have.
  - a. Discuss changes that have occurred to your consumer due to the aging process, addressing all the dimensions of the whole person.
8. Explain how your consumer was admitted to a facility or to a home care program.
9. Describe the optimum support you gave while caring for your consumer.
  - a. Identify and discuss the learning needs of one of your consumers and suggest measures to promote teaching and learning.

## II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:

10. Apply basic therapeutic communications skills during interactions with your consumers and their families, (listening, touching, being silent and using therapeutic verbal responses)
11. Utilize effective communication skills when participating as a member of the health care team.
12. Discuss your observations, reports and any documentation you have done for a community agency or facility.
13. Describe the interviewing techniques you use to gather data about your consumers.
14. Discuss the measures you use to promote an effective working relationship between your consumer and his/her family.
15. Use the problem solving steps to solve problems and resolve conflicts for individuals and groups.
  - a. Identify problems to solve or conflicts to resolve for your consumer.
  - b. Discuss how you assisted your consumers to resolve problems and conflicts using the 5 steps of the problem solving process. Discuss how you would use the 5 steps to problem solving to resolve these problems or conflicts.
  - c. Discuss how you promoted positive group functioning for one of your chosen consumers and his/her family.
16. Effectively maintain a safe and comfortable environment for your consumers.
17. Discuss safety or fire hazards identified in the home of your consumer and the measures that you implemented to reduce risk of injury.
18. Use safety precautions when your consumer is receiving oxygen therapy and report any faulty equipment to the proper person or agency.
19. Use medical asepsis when working with your consumer.
20. Perform hand washing before caring for your consumers.
21. Maintain and promote a comfortable environment for your consumer.

**II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:**

22. Utilize proper body mechanics when squatting, reaching, pushing, pulling, pivoting, lifting and carrying.
23. Report accidents and complete incident reports as required.

**III. TOPICS**

1. Dealing with stress
2. Community resources
3. Maslow's hierarchy of basic needs
4. Erikson's theory of growth and development
5. Rights and responsibilities of consumer
6. Affects of culture
7. Interpersonal relationships
8. Working relationships
9. Safety
10. Optimum support
11. Communication
12. Problem solving
13. Conflict resolution.
14. Safety in the home
15. Fire prevention and measures to take when a fire occurs.
16. Medical Asepsis

**IV. REQUIRED RESOURCES/ TEXTS/ MATERIALS:**

Refer to Modules 1-6

**V. EVALUATION PROCESS/ GRADING SYSTEM**

Will be discussed during first 2 weeks of classes.

**VI. SPECIAL NOTES****Special Needs**

If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493,717,491 so that support services can be arranged for you.

**VI. SPECIAL NOTES***Retention of Course Outlines*

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

*Course Modification*

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the instructor.